

About Affect

Affect is the first all-digital substance use disorder treatment program that is delivered completely through a smartphone app. We remove barriers and expand access to best-in-class outpatient and intensive outpatient treatment for alcohol, opioids, cannabis, and stimulants like methamphetamine and cocaine for adults over 18-years old. Designed with the latest research in addiction medicine, game theory and behavioral engineering, our program leverages science and technology to achieve outcomes that are double those of traditional rehab programs, where relapse rates are extraordinarily high.

How it Works

Our program is based in contingency management and harm reduction, methods proven by research to be highly effective, particularly with substances for which there are no FDA-approved medications. Members receive financial rewards for completing steps in their personalized recovery journey as they reduce their use and get more sober days. Members can engage with their recovery community any time in the app.



Contingency Management

Earning rewards stimulates the brain's rewards center naturally and motivates members to continue their recovery journey until they reach their goals.



Harm Reduction

Abstinence is not a requirement for our program. We work with members through relapses, gradually reducing their use and the harm they do to themselves and others. Members double their sober days in just one month.



Telemedicine Therapy and Medical Support

All weekly group and individual therapy sessions and medical appointments are conducted within the app.



Case Management

Our care teams provide coaching and support for whole recovery with assistance in employment, housing, healthcare, benefits, and more so members can focus on their recovery.

How to Get Started

Getting started with Affect is as simple as downloading the app and registering, or signing up at [GetAffect.com](https://getaffect.com). Your clients can do it in a matter of minutes while sitting in your office.

Members can begin using the app immediately. Our care team schedules an intake appointment within 48 hours with a counselor who assesses their needs, determines the correct level of care, and develops a personalized plan. They then attend their first group therapy session and a medical appointment. As members work challenges in the app, attend sessions, and complete periodic drug screens, they earn rewards daily and get better, fast.

Scan the QR code or visit affecttherapeutics.com/referrals to refer a patient.

You can also call us at (888) 594-7015.

